

The Best Start for Baby STARTS WITH YOU



Vaccines Recommended During Pregnancy

Vaccines help keep pregnant women and their growing families healthy. Knowing what vaccines are right for you and understanding how they can help you to stay healthy are important ways to practice self-care during pregnancy. More than a dozen medical organizations endorse these vaccines during pregnancy:



Scan here to learn more and find a vaccine provider near you:

QR code to
BSFB+M website

	First Trimester (1-13 weeks)	Second Trimester (14-27 weeks)	Third Trimester (28-40 weeks)
Influenza (Flu)	Any trimester, at any time of the year, although it's best to receive it in early fall.		
Covid-19	Any trimester, although it's best to receive it as soon as possible during pregnancy, at any time of the year.		
Tetanus, diphtheria, and pertussis (Tdap)			Preferably as early as possible between 27 and 36 weeks, at any time of the year.
Maternal respiratory syncytial virus (RSV)			Only between 32 and 36 weeks of pregnancy in your first pregnancy*, during Sep. through Jan. in most parts of the U.S. <i>*If you had the RSV vaccine during a previous pregnancy, you do not need to get it again, but your baby should get a shot of monoclonal antibody after birth.</i>